## TSSC SAFETY MATTERS FOR SUP (draft)

Adequate personal buoyancy must be always worn when on the water or jetty. Young people (12 and under) and non-swimmers are required to wear them when close to the water's edge.

Everyone intending to go on the water must sign in legibly in the book provided in the Clubhouse before going out. When a red flag is flown, all craft must return to shore as quickly as is safely possible. The red flag will be hoisted, with a sound signal, when the general wind speed is Force 6 or above. People who wish to be on the water in these conditions must then consult with the safety boat crew as to whether this is possible.

See the club policy on Lone Sailing which is displayed prominently in the clubhouse. This also applies to SUP.

Launching and recovery of all SUP must only be from the "Launching Area" to the west of the ramp. Approach and leave the shore at all times by kneeling or sitting on your SUP board. A fall from the board into shallow water could result in injury.

Landing on other parts of the shoreline is strongly discouraged as the shoreline is very rocky under the water and hazardous to try and walk on. The Dam at the North end of the reservoir is sheer into the water and should not be approached.

The reservoir is regularly used by fishermen so fishing hooks could be on the shore or in the shallows. You are required to use footwear that would provide protection.

Yorkshire Water remind TSSC on a regular basis, that swimming as a recreational activity is not permitted in the Reservoir at any time. This applies to all water users.

Yorkshire Water are also concerned that water in the area close to the Inlet Point L, and Point J, the outlet tower (see Plan in the Clubhouse), is kept out of bounds. The flows into the reservoir can start without warning and the flow can be substantial and cause a large disturbance there. Consequently, the Area around Buoy 4 at the outlet tower is out of bounds for SUP users, as is the area around the Inlet point.

The water is cold for much of the year, especially in Winter and Spring. Cold water shock is a significant hazard and appropriate clothing (wet suit, drysuit) is advised.

It is your responsibility to check that the SUP board and paddle you are using are in good condition, correctly inflated if applicable, and that you use an appropriate tether.

17<sup>th</sup> Feb 2024 (Draft) Merrin Froggett, Club Secretary